

## NOTES

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SFC B



# What Is Faith? 什么是信心?

Not Blind Faith 不是盲目的信心。

Believing in God is not about a 'blind faith'. It is a faith based on facts. Jesus existed and there is overwhelming evidence. It is not just the Bible that talks about Jesus. Jewish and Roman historians said ... "There was at that time Jesus, a wise man, if indeed we should call him a man."

相信上帝并不是盲目的相信。是基于事实上的相信。耶稣存在过，而且有大量的证据证明他的存在。并不是只有圣经谈到耶稣，犹太和罗马的历史学家说：“在那个时期，如果耶稣真的是一个非常有智慧的人，那么我们应该称他是个人。”

Another historian reported ... "Christ suffered the extreme penalty during the reign of Tiberius at the hands of Pontius Pilate." and after Jesus raised from the dead ... 550 plus people saw Jesus on 11 different occasions over a six week period.

另一位历史学家说：“在罗马皇帝台比留的时代，基督受到彼拉多极其严重的迫害。”而在耶稣从死亡中复活的时候，有550多的人在6个星期内看到耶稣在11个不同的场合出现。

What is Faith? Faith is trusting in God. It is confidence in Him as a well known Friend.

信心是什么？信心是相信上帝。对他有足够的信心，就像是对待朋友一样。



*Faith is taking the things that God has said and daring to believe them.*

It grows out of a close relationship with Him in which you will know that He cares for you and only desires your best good. The more you know Him, the more you will trust Him. God wants us to be sure of our friendship with Him. He gives us faith to believe in Him.

从与他亲密的关系中，你会认识到他对你的关心，而且期望你能够成为最好的。你对他认识得越多，你就会越相信他。信心就是接受上帝的话语，而且愿意相信这些话。上帝希望我们确信和他之间的友谊，他给了我们相信他的信心。

**?** 1. **What is faith?** 什么是信心？ 希伯来书 **Hebrews 11:1**

圣经答案 The Bible answers: \_\_\_\_\_

Faith is trust or belief. Faith is based on substance or evidence for our belief. 信心是信赖或者相信。信心是基于实质或者证据的基础上的。

**?** 2. **What kind of relationship is Jesus seeking with us?**

耶稣寻求的是与我们之间一种什么样的关系？

马可福音 **Mark 11:22-23**

圣经答案 The Bible answers: \_\_\_\_\_

Jesus invites us to enter into a relationship of trust with our loving heavenly Father. 耶稣期望我们和我们慈爱的天父之间是一种信任的关系。

**?** 3. **Is it possible to know and love God without faith?**

如果没有信心，我们可能认识上帝，爱上帝么？

希伯来书 **Hebrews 11:6**

圣经答案 The Bible answers: \_\_\_\_\_

Without faith it is impossible to please God. Faith is an essential ingredient to build a relationship with our creator God.

没有信心，我们是不可能使上帝喜悦的。信心是建立我们和我们的创始者上帝之间关系的必要条件。

**?** 12. **Can we have the absolute confidence as we sincerely seek God's will by faith that He will reveal it?**

但当我们通过他向我们显示的信心，真诚的寻求上帝的旨意的时候，我们能够有绝对的信心么？

约翰一书 **1 John 5:14**

圣经答案 The Bible answers: \_\_\_\_\_

We can have a life of constant faith or trust in a loving God who knows best and will always treat us in ways that are for our ultimate good.

我们会有一个对慈爱的上帝充满信心和信任的生活，他知道什么是最好的，而且将一直会以一种方式来对待我们，这种方式是以我们最终的益处为目的的。

**?** 13. **What is the benefit of having faith in God?**

对上帝充满信心的益处是什么？

罗马书 **Romans 5:1-2**

圣经答案 The Bible answers: \_\_\_\_\_

In this world many are searching for inner peace, happiness (joy) and hope. By having faith we have inner peace, happiness and hope because it is based on a relationship with God.

在这个世界上，很多人在寻求内心的平安，快乐和希望。通过拥有信心，我们会有内心的平安，快乐和希望，因为这是以与上帝之间的关系为基础的。

我的决定： MY DECISION

*I would like to open my heart to develop my faith in Jesus and commit to reading the Bible daily.*

*我愿意打开我的心灵，增强对耶稣的信心，每天都阅读圣经。*

**?** 10. Who should be our example to increase our faith?

谁应该成为我们增强信心的榜样呢？

希伯来书 **Hebrews 12:2**

圣经答案 The Bible answers: \_\_\_\_\_

Looking to Jesus or trusting in Jesus, we receive faith from Jesus and our faith will grow in Him.

Every time we read the Bible we are to look at Jesus' faith and character. We are to have the same faith and character.

仰望耶稣或者相信耶稣，我们从耶稣身上得到信心，而且我们对他的信心将会增强。

每次我们阅读圣经的时候，我们看到的是耶稣的信心和品格。我们将会有一样的信心和品格。

**?** 11. Besides studying the Bible, how can we develop our faith?

除了学习圣经，我们怎样使我们的信心得到成长？

马可福音 **Mark 11:24**

圣经答案 The Bible answers: \_\_\_\_\_

There is a condition to this promise – that we pray according to the **will of God**. It is God's will to cleanse us from sin, to give us a new life and to empower us to live an abundant life.

Faith is not believing God will do whatever we want. Just as Jesus prayed in the garden of Gethsemane (Matthew 26:39), we ought to pray and seek what God wants for us. He has the best plans for us.

对于这个许诺有一个条件，就是我们的祷告要按照上帝的意愿。是上帝的意愿要洗净我们的罪，给我们新的生命，使我们有一个丰盛的生活。

信心并不是相信上帝而做我们任何想做的事。像耶稣在客西马尼的花园中的祷告一样（马太福音26：39），我们应该祷告和寻求上帝想要我们做的事情。他对我们有最好的计划。

**?** 4. What has God given everyone?

上帝赐予了每个人什么？

罗马书 **Romans 12:3**

圣经答案 The Bible answers: \_\_\_\_\_

Even a little faith links us with God's marvelous working power. In Luke 17:5,6 the Bible says that you can increase your faith.

即使是小小的信心，也能够将我们和上帝奇妙的力量联系起来。在路加福音：17：5，6节，圣经说你可以增强你的信心。

**?** 5. How do we have faith and increase our faith?

我们怎样才能有信心？怎样增强信心呢？

罗马书 **Romans 10:17**

圣经答案 The Bible answers: \_\_\_\_\_

Reading the examples of people with faith in the Bible increases our faith. Understanding **God's promises** in the Bible increases our faith. Remember our belief does not rely on feelings, which can change! But on the power of Jesus who is reliable and never changes.

阅读圣经当中那些有信心的人的故事可以增强我们的信心。明白上帝的许诺会增强我们的信心。记住我们的信心不是依存于随时变化的感觉上的。而是建立在我们可以信赖的耶稣的力量上，而且永远不变。

Look at the promises that Jesus makes:

"I will come in" to your life when you ask – Revelation 3:20

"I am with you always" – Matthew 28:20

"I give them eternal life ... no-one can snatch them out of my Father's hand" – John 10:28-29

看一看耶稣的许诺：

“当你需要的时候，我会来到你的生命当中”——启示录3：20

“我与你同在”——马太福音28：20

“我赐给他们永生，他们永不灭亡，谁也不能从我手里把他们夺去”  
约翰福音 10：28，29

- 6. How can we benefit from reading and studying the Bible?** 我们如何从阅读和学习圣经当中受益呢?  
希伯来书 **Hebrews 4:2**

圣经答案 The Bible answers: \_\_\_\_\_

To receive the benefits from reading the Bible, it must be personally applied by faith. Place yourself in every story. Believe God will accomplish miraculous changes in your life as you read His word. Faith grows as we experience it.

为了从阅读圣经当中受益，必须把信心运用到生活当中。把你自己放在每一个故事当中。当你读到他的话语的时候，相信上帝会奇妙的改变你的生活。信心随着我们的经历增长。

- 7. In the example of Jesus healing a paralytic of thirty-eight years, how quickly did he act on his belief after hearing Jesus' words?**  
在耶稣医治那个瘫痪了38年的病人的例子中，在听到了耶稣的话之后，那个病人如何行动的?  
约翰福音 **John 5:8-9**

圣经答案 The Bible answers: \_\_\_\_\_

The poor paralytic sufferer was helpless; he had not used his limbs for thirty-eight years. Yet, Jesus asked him to "Rise, take up your bed, and walk."

那个可怜的患者非常无助；他已经38年没有用过他的腿了。是的，耶稣对他说：站起来，拿你的褥子，走吧。

The sick man might have said, "Lord, if You will heal me first, then I will obey Your word." But, no, he believed in Jesus' words, believed that he was healed and made the effort at once; he **willed** to walk, and he did walk.

这个病人可能会说，“主啊，如果你先治愈我的病，那么我就会顺从你的话”。但是没有，他相信耶稣的话，相信他被治愈了，而且马上有了行动；他决定走，而且确实走了。

He acted on Jesus words and God gave the power. He was made whole. In the same way, we cannot change our own hearts. But God promises to do all this for us through Jesus. We need to **believe** that promise of God.

他听从耶稣的话而行动，上帝给了他力量。他被治愈了。同样的，我们不能够改变自己的心。但是上帝许诺了通过耶稣为你做所有的事情。我们需要相信上帝的许诺。

- 8. Can we expect our faith in God to grow through a study of God's word, the Bible?**  
我们能够期望通过学习上帝的话语，对上帝的信心增强么?  
彼得後書 **2 Peter 1:3-4**

圣经答案 The Bible answers: \_\_\_\_\_

God has given us exceedingly great and precious promises (His words) that we through these words can be changed.

上帝给了我们极其伟大和珍贵的许诺（他的话语），通过这些许诺我们会得到改变。

- 9. How are we to live each day?**  
我们每一天都应该如何生活?  
罗马书 **Romans 1:17**

圣经答案 The Bible answers: \_\_\_\_\_

To live by faith means a daily, constant trusting relationship with Jesus. Step by step, Jesus will reveal to us God's way.

在信心中生活意味着每一天，一直相信和上帝之间的关系。一步一步，耶稣会向我们显示出上帝的道路。